

MAFES Dawg Tracks



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Weird Safety Tips



Over the years, we all pick up little tidbits of savvy that helps us in various ways. Some may be in the form of labor saving techniques and many entail ideas involving safety tips. We want to write about some weird safety tips that will help you work safer and smarter:

- **Rake Leaves, Not Nerves –**

A useful hint when using hand tools such as rakes, hoses, shovels and other hand tools with handles in them is to wrap foam rubber around the shaft and tape it on for security. The fat handle makes it easier to grip, causes less fatigue and reduces the stress placed on the tendons and median nerve in the palm.

- **Pump Up the Tires –**

A common misconception that I always thought to be helpful is the one about reducing the air in your vehicle tires giving more traction in hot and cold weather and when carrying heavy loads. The opposite is true. Under-inflated tires are more likely to blow out, come off the rim or hydroplane on wet highways. For better handling and mileage, it is better to inflate the tires to the maximum tire pressure as recommended by the manufacturer.

- **Paint It Bright –**

With dark reaching us faster in the period with no Daylight Saving Time, using fluorescent paint to dab keyholes, mailboxes, house numbers, edges of driveways and curbs makes all these area much easier to spot on the dark afternoons or mornings.

- **Avoid Road Rouge –**

For the benefit of our female employees, never put on makeup while driving.

- **Ditch Damaged Drains –**

Replace broken or cracked drain inspection covers to guard against the risk of disease-carrying bacteria being released or carried away by flies. Falling leaves and other debris can fall through the cracks and stop up the drain.

- **Stop Motion Sickness –**

During the early stages of motion sickness, a person produces an excessive amount of saliva that drips down into the stomach causing nausea. One can avoid this by eating olives, which produce tannins, crackers or sucking on lemons.

- **Baste Before Roasting –**

Apply sunscreen at least 15 minutes before going out into the sunlight. This time element gives the skin ample time to absorb.

- **Don't Trust Everything in the Drug Store –**

Some people have the misconception that drugs are safe, because you purchase them over-the-counter from a pharmacy. That's not totally true. Using any product for an extended time can be dangerous. You should consult your doctor if you rely heavily on any of the following pain relievers, including analgesics such as aspirin, cough and cold cures, nasal decongestants and laxatives.

- **Bee Nice –**

If you're stung by a yellow jacket, don't smash it, especially if there's a nest nearby. When destroyed, a yellow jacket's venom sac releases a chemical that incites other yellow jackets to attack.

- **Keep the Baby from the Bathwater –**

Young children should not run their own bath water. The risk is not only a nasty scald, but they will panic when touching the hot water.